

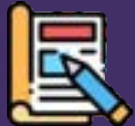


WE ARE **JMRES**

Creativity | **Thoughts** | Expressions



VOICE OF JMRES



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Greetings from JMRES!

Dear children of Grade X, XII, I extend my heartfelt good wishes as you prepare for your Pre-board examinations. Approach your studies with sincerity, confidence, and discipline. Remember, examinations are not just a test of memory but an opportunity to showcase your understanding and growth.

My fellow teachers, I deeply appreciate your dedication and commitment to continuous improvement. Your willingness to learn and adapt is what shapes the bright future of our students.

Respected parents, I thank you for your consistent support and collaboration. Your encouragement at home plays a vital role in motivating children to perform their best and enjoy the process of learning. Let us continue working together with the spirit of unity and excellence, ensuring that every child grows into a confident, responsible, and compassionate individual. Wishing you all a successful and fulfilling month ahead!

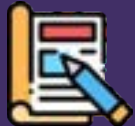
Dear Alumni, we look forward to you as ambassadors of JMRES! I am sure you will actively take part in the 50th year celebrations of our school!

More than a publication, WE ARE JMRES is a glimpse into the creativity, inspiration & impactful leadership which flows in the corridors of this institution and from the people associated with the school.

Enjoy reading the newsletter & I would love to hear feedback from you!

Every day, Every child, A Leader!

With Sincere Regards,
Prashant Muley
Principal



ACADEMIC YEAR 2025-26

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Adishree Kulkarni
TGT

"The true journey of an educator begins when learning becomes a two-way path between teacher and student."

Mrs. Adishree Prasad Kulkarni (B.Sc Microbiology, B.Ed, M.Sc Botany, M.A Education)

Her journey as an educator began in 2004, and in 2009, she became a part of the JMRES family. She initially served as a primary school teacher and later, as her career progressed, she was entrusted with responsibilities in the secondary section.

Believing firmly that learning never stops, she continuously evolved both professionally and personally. Over the years, she has shouldered various roles, including serving as the Academic Coordinator for Middle School for six years.

This position enabled her to collaborate closely with multiple stakeholders—students, teachers, and management—which significantly broadened her perspective on education and life.

She had the privilege of coordinating Science Exhibitions and Sustainability Projects, providing students opportunities to explore their creativity and connect classroom learning with real-life applications.

Additionally, she was actively involved in several innovative initiatives, such as Robotics, T4T (Teachers for Teachers), the Career Cell, Fireless Cooking, etc.

At present, she is entrusted with coordinating activities under the **American Field Service (AFS) program**.

This continuing journey has transformed her into not just a teacher but also a lifelong learner who strives to inspire young minds to think critically, explore passionately, and grow meaningfully.



Pratibha Parte
PRT

"A good teacher is like a candle—it consumes itself to light the way for others."

Mrs. Pratibha Parte has devoted 23 years to the noble field of education, including 19 years of remarkable service at J. M. Rathi English School and Junior College.

Her journey, marked by sincerity and perseverance, reflects her unwavering commitment to shaping young minds with knowledge, values, and compassion.

An accomplished educator holding M.A.B.Ed. degree, Mrs. Parte began her teaching career in Social Studies, a subject she taught with insight and enthusiasm for 11 years. At present, she continues to inspire her students as a Marathi teacher, nurturing a love for the language and culture with equal passion.

Her leadership journey includes serving as the **Academic Coordinator from 2012 to 2017**, a period during which she worked tirelessly to strengthen academic standards and streamline school administration. During the time when the post of Headmistress was vacant and in later years when the Unit Head was on leave, she stood as a pillar of strength, ensuring the school's smooth functioning through her calm guidance and unwavering support.

Mrs. Pratibha's contributions extend far beyond classroom teaching. She played a vital role in the process of CBSE affiliation in collaboration with Orchid School and made significant contributions to the ISO certification journey. She has also successfully completed Internal Auditor Training and participated in MKF Foundation's sessions on modern teaching methodologies, continuously enhancing her professional expertise.

Her diligence, teamwork, and sense of responsibility have made her an indispensable part of the school's success story. A teacher, mentor, and silent leader — Mrs. Pratibha continues to inspire both students and colleagues through her humility and dedication.

"Teaching is not just about imparting lessons, but about igniting a lifelong love for learning — a task Mrs. Parte fulfills with grace and devotion."



Leena Carvalho
PRT

Mrs. Leena Manuel Carvalho (B.A B.Ed) has been an integral part of **J. M. Rathi English School and Junior College for the past 19 years.**

She began her journey in the Pre-Primary Section and later continued her dedicated service in the Primary Section, where she has primarily taught English.

Academically qualified with a B.A., B.Ed., and trained in Montessori education, Mrs. Carvalho brings a strong pedagogical foundation to her teaching. Before joining J. M. Rathi English School, she gained 4 years of teaching experience at Roha Public School, bringing her total teaching experience to 23 years.

Known for her calm demeanor, sincerity, and caring approach, she has consistently contributed to shaping young minds with patience, compassion, and dedication. This year, she has also taken charge as the In-charge of the English Department, further demonstrating her leadership and commitment to academic excellence.

Mrs. Carvalho has been actively involved in various student-enrichment activities. She has received the Club & Bulbul certificates, completed M.K.F. training for two years, and successfully conducted the English Olympiad Exam for primary students, encouraging young learners to explore and excel in the subject.

Her passion for teaching, her supportive nature, and her unwavering dedication to her students and the school community make her a valued and respected educator.

She says that "Teaching has made my journey with young children meaningful and deeply fulfilling. It has helped me grow alongside them, discovering new joy and purpose every day."



SUSTAINABLE LEADERSHIP WITH STRATEGIC VISION

AN INTERVIEW WITH MR. VIVEK GARG

Mr. Vivek Garg, Associate Vice President and Site Head at Sudarshan Chemical Industries Limited (SCIL), is a highly accomplished professional whose three-decade career exemplifies strategic leadership and operational excellence in the chemical sector.

A Mechanical Engineering graduate from Madhav Institute of Technology and Science (MITS), Gwalior, Mr. Garg's journey includes pivotal roles at the JK Group, DCM, and the Aditya Birla Group, prior to his current leadership position at SCIL. His career is distinguished by a steadfast commitment to sustainability, safety, and driving organizational growth.

In response to the question regarding his professional journey and key milestones leading to his current position, Mr. Garg's path was detailed, showcasing his strong technical foundation and continuous professional growth. He earned his Bachelor's degree in Mechanical Engineering in 1993 from MITS, Gwalior. Following extensive experience across several prominent industrial groups, Mr. Garg joined Sudarshan Chemical Industries Limited in 2011, initially taking on the role of Project Head. His commitment to leadership and strategy was further enhanced by pursuing an MBA, illustrating his dedication to combining technical expertise with strategic management.

This progression, marked by the successful execution of large-scale engineering projects and a continuous focus on operational excellence, culminated in his current leadership role as Associate Vice President and Site Head. Regarding the most rewarding and enjoyable aspects of working in the chemical industry, Mr. Garg highlighted its profound contribution to innovation and consumer products. He noted that the industry is crucial for producing high-performance pigments, which contribute vibrant colors to nearly every aspect of modern life, as well as essential components for cosmetics and various specialty chemicals. He finds immense satisfaction in the industry's role in driving growth, technological advancement, and providing diverse solutions on a global scale.

When asked to describe his leadership style and methods for motivating his team, Mr. Garg's philosophy centers on empowerment and systematic execution. His approach emphasizes setting measurable targets, meticulous strategic planning, and continuous monitoring to achieve organizational objectives effectively. He strives to inspire and empower his team within a positive, collaborative environment that encourages innovation and accountability. This is underscored by his strong belief, encapsulated in his quote, that "Nothing is impossible" if work is executed diligently and systematically. His leadership involves setting an example, providing guidance, and promoting continuous training to help team members realize their full potential.

In reference to the most significant professional challenge he has faced, Mr. Garg pointed to the extraordinary circumstances presented by the COVID-19 pandemic. He cited the period from 2020 to 2022 as particularly challenging, during which the Roha site undertook multiple large-scale projects with a planned investment of approximately 51,000 crore.

The pandemic severely disrupted manpower, logistics, and resource availability. To overcome these hurdles, Mr. Garg and his team demonstrated remarkable resilience by implementing comprehensive employee health and safety measures, forming dedicated task forces, and building confidence through transparent communication. Crucially, they deployed teams to equipment supplier sites to ensure the timely dispatch of critical machinery, enabling the successful and on-time completion of all projects within expected parameters.

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Offering his thoughts on the school's recent initiative to launch a monthly newsletter, Mr. Garg commended the effort as a valuable tool for promoting creativity, awareness, and expression. He believes that the newsletter will serve to provide students with essential insights into various careers and industries. By showcasing diverse professional paths, the initiative can inspire students, broaden their perspectives on future opportunities, and encourage them to explore fields of interest beyond the classroom. Sharing his personal success mantra or guiding principle with the students, Mr. Garg underscored the importance of fundamental values and sustained effort. His guiding principles for success involve discipline, respect, hard work, time management, self-motivation, and multitasking. He also stressed that commitment is key, stating, "The moment you commit to your goal with unwavering conviction, the world begins aligning to aid your accomplishment."

Addressing the core competencies students should develop for future success in today's competitive world, Mr. Garg highlighted the indispensable need for adaptability and efficiency. He stressed the importance of multitasking, not merely as dividing attention, but as the ability to manage complex demands, prioritize effectively, and efficiently execute simultaneous tasks. This, combined with technological literacy and a lifelong learning mindset, is crucial for navigating the fast-evolving professional landscape. Conveying a message of encouragement to young learners in their journey toward academic and personal excellence, Mr. Garg advised students to cultivate vision. He encouraged them to look beyond the immediate future and establish a clear, long-term vision for their lives and careers. He emphasized that having a defined objective, coupled with discipline and perseverance, provides the direction and motivation needed to overcome obstacles and achieve meaningful success.

Finally, when offering advice to parents on supporting their children's education and overall growth, the focus was on balanced support and empowerment. Mr. Garg advocates for parents to instill core values like discipline and respect while actively nurturing their children's passions. He suggests that parents must strike a delicate balance between guidance and providing children with the autonomy to explore their potential, encouraging resilience, and celebrating effort as much as the final achievement.

We are profoundly thankful to Mr. Vivek Garg for dedicating his valuable time and sharing such candid and strategic insights with our readers. His words offer a powerful reminder of the importance of resilience, discipline, and vision in both professional and personal life. We are certain that his journey and his conviction that "Nothing is impossible" will serve as a lasting source of guidance and motivation, empowering readers to pursue excellence and face challenges with confidence.





WELL-BEING INITIATIVES PROGRAM

J. M. Rathi English School & Junior College organized a Well-being Initiatives Program for Grades V to VIII on 10th and 11th November 2025. The sessions aimed to promote physical and emotional wellness among students.

Mrs. Rucha Dalmia conducted an engaging session on Nutrition for Grades V and VI, while Ms. Varunka Raju guided Grades VII and VIII on Adolescence. Students participated enthusiastically, learning about healthy habits, self-awareness, and balanced living.



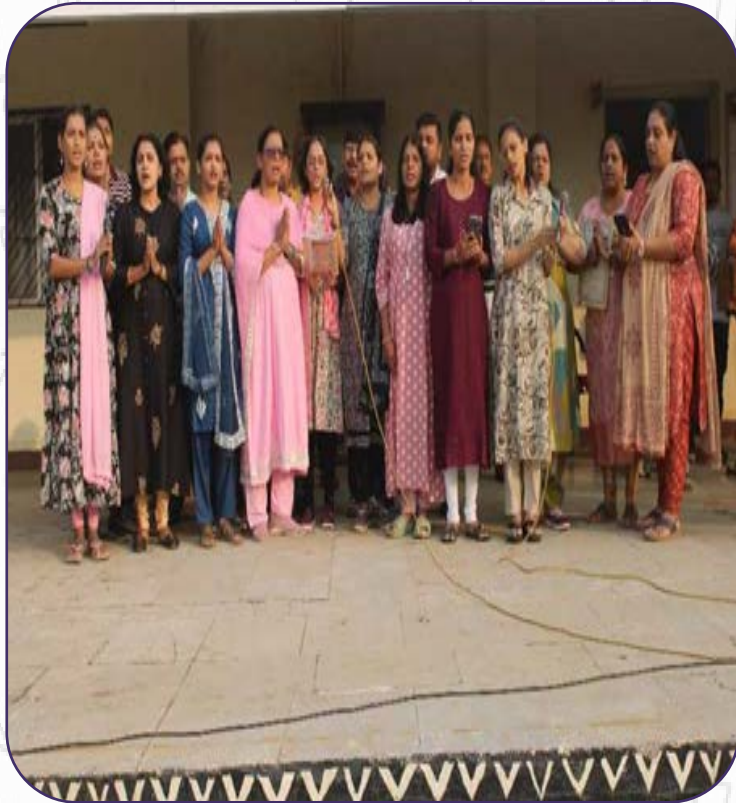


CHILDREN'S DAY CELEBRATION 14TH NOVEMBER

Celebration of Childhood with Joy and Creativity

Children's Day was celebrated with great enthusiasm at JMRES (Secondary section). The day began with a vibrant assembly featuring a melodious prayer song, the importance of the day, news reading, and inspiring speeches on Pandit Jawaharlal Nehru delivered by teachers.

Teachers also presented a heartfelt rendition of Vande Mataram adding dignity to the occasion. A special highlight was the Prize Distribution Ceremony for the Teachers' Day competitions and the Logo Unveiling Competition.





BOOK REVIEW

Expand the Power of Your Subconscious Mind

Author: C. James Jensen

This book shows us how our mind and beliefs can influence our lives. The author tells us that our subconscious mind is listening to what we tell it and think each day.

If we hold positive thoughts and have faith in ourselves, we can be successful, happy, and peaceful. C. James Jensen presents numerous simple ideas and practices to harness the power of our mind in everyday life.

The book encourages us to remain positive, composed, and grateful in all circumstances.

Five Takeaways from the Book

Think Positive:

Always speak kindly and positively about both yourself and others.

Imagine Success:

To boost your confidence, picture your objectives as already having been accomplished.

Make the Most of Your Sleep Time:

Before you go to sleep, think positive thoughts because your mind will remember them.

Have Faith in Yourself:

Believe in your skills and never question your abilities.

Be Thankful and Forgiving:

Expressing gratitude and extending forgiveness to others makes your heart feel joyful and light.

– Vandana Muthe

CBSE EXPRESSION SERIES 2025–26

Theme: “From Farm to Future: Strengthening Rural India”

We are delighted to share that 75 students from Grades III & IV participated enthusiastically in the 2nd CBSE Expression Series Essay Writing Competition held on 19th November 2025.

Students wrote creative and thoughtful essays in English or Hindi on one of the CBSE topics:

My Village, My Pride / मेरा गाँव, मेरी शान

Farmers: Our Heroes / किसान : हमारे नायक

Our young writers beautifully expressed their admiration for rural India and the invaluable role of farmers in our nation's growth. The best entries will be forwarded to CBSE for the next level.

Heartiest congratulations to all our budding authors!
You make us proud with your creativity and confidence.

**INVISIBLE CURRICULUM**

At JMRES, we don't just teach subjects — we nurture kindness, empathy, and hope. Have you ever heard of a student coming back to say, "Teacher, because of you, my Grammar or Maths concepts are clear"?

Of course, that makes us proud. But what truly touches the heart is when our students return to share how our behaviour, care, and compassion made a difference in their lives.

Once, one of my students was absent for a day. When she returned, her eyes were red and she looked upset. Instead of asking her directly about the reason, I gently asked, "Is everything okay?"

That small act of concern created a lifelong memory for her. Even today, whenever she meets me, she recalls that moment.

This experience reminded me that the Invisible curriculum — the unspoken lessons of empathy, understanding, and emotional connection — is just as important as the visible one. Through this invisible curriculum, we teachers make even the most difficult lessons meaningful and lasting.

Our students may forget the formulas or grammar rules someday, but they will always remember how we made them feel.

- Vaishali Salvi

GROWING TOGETHER

Many years ago, there lived a boy in a remote area of Russia. It was then when Russia was not the 'United States of Soviet Russia'. The boy used to go to a school which was improbable to reach from his home. There were two ways to go to school: one was safe and comparatively close to his house, and the other way was a detour passing through a dense forest. The boy had an easy and safe option to go to school, but he chose the long way passing through the forest. That's why every day he used to get late to school. His teacher persuaded him to be punctual. But he continued to follow the same way.

Once, his teacher was so annoyed with his habit of getting late that she told him that the next day she would go to his home to meet his mother. The next day arrived, and after the school got over, the teacher and the boy were ready to go to his home, which was away from the school. The teacher asked him how he came to school every day. The boy told her that there were two ways: the first one is very safe and comparatively closer. Then the teacher asked him which way he followed every day. The boy replied that he takes the detour. Then the teacher suggested that they should go to his home following the detour.

They started their journey, which was a little difficult for the teacher, but the boy was habitual to the path. The teacher, who hadn't visited the countryside/rural Russia, found it a new world for her. Her curiosity arose, and she started asking many questions regarding the trees located there. The boy, who was a keen observer, started quenching the queries of his teacher. Now their roles were completely changed. The boy had much information to share with the teacher. He showed her many things that were unknown to her. The journey was erudite for her. Ultimately, they reached his home. The mother welcomed the teacher and, being concerned about her son, asked the teacher how her son is and whether there is any hope for him in this competitive world. The teacher was very overwhelmed and assured the mother about the bright future of her son.

Continued on next page



On her return journey, the boy accompanied her again. As they reached, the teacher expressed her gratitude by embracing the boy to her bosom and said, "My dear child, today you have taught me a lot, and you have shown me this beautiful world. I am so thankful to you, and every day you can take the same path to school that you like." This story speaks a lot. We teachers learn many things from our students. They enrich our world. These children, without having any pretense, unintentionally teach us. Being in their company is a great joy. When we, the teachers, rectify their queries, when we clear their doubts and help them to get concepts, that gives us great job satisfaction. But when we learn anything from them, it's a divine happiness beyond words. They bloom and we grow. I have been enjoying this journey, and in this way, I am also growing with them.

- Seema Joshi

MY TIME WITH NATURE

We often hear the saying, "Health is wealth." I completely agree. Whenever I feel tired, bored, or in need of peace, I turn to something that refreshes my mind and brings me joy — a visit to my farm. Time spent on the farm is truly special. I love playing with the small calves and watching the colourful butterflies flutter around. I often make short nature videos, capturing the beauty around me. Sometimes, I help by watering the plants, and during the rainy season, I take part in tree plantation. Every moment spent there fills me with pure happiness. The fresh air feels like a friend I can talk to. Today's world is changing quickly. All around us, we can see pollution — air pollution, noise pollution, soil pollution, and more. Many diseases like high blood pressure, heart problems, and stress have become common because of our unhealthy lifestyle and polluted surroundings. That is why my family and I regularly visit our farm. It brings us good health, peace, and happiness. Always try to find happiness in nature. A healthy environment helps us achieve a healthy life.

- Arti Gadkari

SUSTAINABILITY 2.0: EMBRACING A GREENER FUTURE

As we step into the 21st century, the importance of sustainability has become more evident than ever. Sustainability 2.0 is a movement towards a better tomorrow. Sustainability 2.0 builds on the foundation of traditional sustainability practices, incorporating innovative technologies and strategies to create a more resilient and regenerative world. It's about adopting a holistic approach that balances environmental, social, and economic needs. Sustainability 2.0 encourages us to take collective responsibility for our actions and make conscious choices that benefit both people and the planet.

How can we contribute?

- 1.Reduce, Reuse, Recycle
- 2.Use eco-friendly products
- 3.Conserve energy and water
- 4.Support sustainable practices

Let's take the first step towards Sustainability 2.0. Together we can make a difference and create a better future for ourselves and generations to come by embracing eco-friendly habits, spreading awareness, inspiring others, and contributing to a greener tomorrow. We can work together to create a world where sustainability is not just a goal but a way of life. To end this, here is a small quote: "Go Green, Breathe Clean"

-Sanobar Patel



CIVIC SENSE: OUR RESPONSIBILITY FIRST

On 24 August 2025, while traveling in a car, I witnessed a troubling incident. A passenger casually threw a plastic bottle out of the window. Soon after, others followed, discarding chips and biscuit wrappers on the road. At that very moment, a man on a bike was riding parallel to the bus. Within seconds, he narrowly escaped being hit. Fortunately, his helmet protected him; otherwise, he could have been seriously injured due to the loss of balance.

This incident may seem small, but it reveals a much bigger problem—our lack of civic sense. Many of us demand better facilities from the government and admire foreign countries for their cleanliness and order. But do we pause to reflect on our own actions as citizens? I am disheartened to see how people treat foreigners who come here, not just as tourists, but as witnesses to our careless behaviour.

What is Civic Sense?

Civic sense means showing respect for our surroundings, following public rules, caring about safety, and behaving responsibly in society. It's not only about knowing our rights but also about fulfilling our duties.

Our Responsibilities:

- Avoid littering in public spaces.
- Follow traffic rules and ensure our actions don't harm others.
- Use safety measures like helmets and seat belts.
- Respect and protect public property.
- Set the right example for children.

Foreign countries are admired not only for their governments but also for their disciplined citizens. If we want a better nation, we must start with ourselves. Change begins with small actions, like not throwing wrappers on the road and respecting each other.

A responsible citizen is the foundation of a responsible nation. The country is in your hands—the future is yours.

– Archana Gudekar



GURU NANAK JAYANTI CELEBRATION

Our Pre-primary children joyfully celebrated Guru Nanak Jayanti. They learned about Guru Nanak Dev Ji's teachings of love, kindness, and sharing. The little ones took part in prayers, songs, and fun art activities, spreading happiness and harmony all around.



LIFE SKILL ACTIVITY - PUPPET MAKING BY GRADE VII STUDENTS





COOKING ACTIVITY

Oreo Chocolate Balls

Ingredients

10 Oreo biscuits

1 teaspoon milk

$\frac{3}{4}$ teaspoon milk powder

$\frac{3}{4}$ teaspoon milk (for cream mixture)

Colourful sprinkles (for decoration)

I had a wonderful time making Oreo Chocolate Balls during our fireless cooking activity. First, I separated the cream and ground the biscuits into a fine powder. Then, I added a little milk to make a soft dough. I mixed the cream with milk powder and milk to make a smooth filling, rolled small balls, filled them with the cream, and decorated them with sprinkles. After chilling, the delicious Oreo balls were ready to enjoy with my family.

-Swara Kamble VC



SPECIAL ASSEMBLY ON GENDER EQUALITY – GRADE VI B

On 13th November 2025, the students of Class VI B at JMRES conducted a Special Assembly on the theme Gender Equality, one of the school's sustainability goals.

The students presented a skit to highlight the importance of giving equal opportunities to both boys and girls. They shared that gender equality ensures fairness in learning, play, education, and careers.

The assembly ended with the message that true progress comes when everyone is treated equally.





EVS ACTIVITY

Different types of houses, from chapter 2 : Shelter for everyone.



LIFE SKILL ACTIVITY





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